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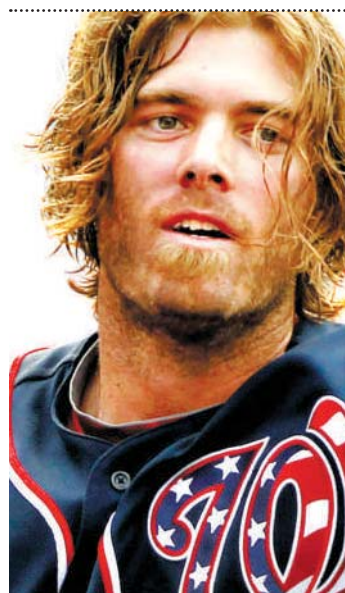
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Tuesday



MATINEE IDOL

Werth goes from goat to hero in the Nats' dramatic win **15**

PIECE OF THE PUZZLE

The risk of autism is linked to pregnancy conditions in a study **4**



HEALTHY CONCERN

Chavez's surprise return to Venezuela is clouded in mystery **8**

am **90** **72** pm

FOR EXTENDED FORECAST, SEE PAGE 33

JULY 5, 2011 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**



DRONE WARS

U.S. military successes with robotic spies and weaponry have other nations racing to build fleets of their own **13**

GETTY IMAGES AND ISTOCKPHOTO/EXPRESS ILLUSTRATION



eye openers

COMING SOON ...

Firebrand Couple Plan To Wed in Reception Hall

A Paducah, Ky., couple went for something old, something new, something borrowed and something bouncy. Justin and Rachel Mitchell tied the knot on Saturday on an indoor soccer field at the Paducah Recreational Sports Plex. The couple, who are both soccer fans, had their first date at the field. The bride and her bridesmaids used the batting cages as dressing rooms. (AP)

SLOW NEWS DAY

Rogue Blood Drive Sweeps Into Town, Gone Before Dawn

Rock Hill, S.C., police say someone broke into a church through a window and stole a first-aid kit this past Tuesday night. Officers found blood near the window and bloody napkins on the table. A first-aid kit worth about \$50 was stolen. Someone also took about \$10 worth of cookies and chips. (AP)

COMPLAINTS ABOUT JAIL

'Also, the Mystery Meat Isn't Mysterious. It's Just Beef.'

A Michigan jail inmate says he's being subjected to cruel and unusual punishment because he can't have pornography. In a handwritten lawsuit, Kyle Richards, 21, claims his civil rights are being violated at the Macomb County Jail. Richards says denying his request for erotic material subjects him to a "poor standard of living" and "sexual and sensory deprivation." (AP)

The Big Picture



BORN ON THE FOURTH OF JULY: Elephant calf Luk Chai kicks a giant soccer ball during his second birthday celebration at Taronga Zoo in Sydney on Monday. The infant was the first Asian elephant to be born in Australia and is considered to be a milestone in the zoo's Asian Elephant Conservation Program. (GETTY)

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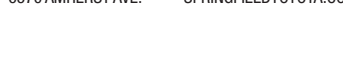
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THIS WEEK



Dalai Lama Lands in D.C.

Martin Luther King III and Arun Gandhi will attend the public celebration of the Dalai Lama's birthday Wednesday at the Verizon Center. It will be broadcast live on Dalailama.com.

Last Takeoff For NASA

Atlantis' launch Friday from Cape Canaveral will mark the end of space shuttle history. A NASA spokesman said up to 1 million people are expected to jam the area to watch the blastoff.

Perjury Trial For Clemens

Roger Clemens enters federal court Wednesday in D.C. to fight charges he lied about using drugs during his baseball career and to try to ruthlessly discredit the former friend who says he did.

Nation

New FAA System in Holding Pattern

Government hesitant to dish out funds for air traffic technology

Washington

The Federal Aviation Administration is creating a new air traffic system that officials say will be as revolutionary for civil aviation as was the advent of radar six decades ago. But the program is at a crossroads.

It's getting harder to pry money out of Congress. The airline industry is hesitating over the cost of equipping its planes with new technology necessary to use the system. And some experts say the U.S. could lose its lead in the manufacture of high tech aviation equipment to European competitors because the FAA is moving too slowly.

Under the FAA's Next Generation Air Transportation System program, known as NextGen, ground radar stations will be replaced by satellite-based technology. Instead of flying indirect routes to stay within the range of ground stations, as planes do today, pilots will use GPS technology to fly directly to their destinations.

Planes will continually broadcast their exact positions to air traffic controllers and to other similarly equipped aircraft within hundreds of miles. For the first time, pilots will be able to see on cockpit displays where



The Federal Aviation Administration says its new air traffic control technology will save significant time, fuel and money, and will reduce greenhouse gas emissions and noise.



But Who's Footing the Bill?

Paying the tab for the new air traffic control system — estimated at as much as \$22 billion for the government and another \$20 billion for the airline industry through 2025 — may be the FAA's biggest hurdle. The program has widespread support in the Obama administration and Congress, but the House wants to reduce the FAA's budget authority by \$1 billion a year over the next four years, while the Senate has favored increased funding. (AP)

Making Gains

With the FAA's NextGen system, instead of time-consuming, fuel-burning stair-step descents, planes will use GPS navigation to glide in more steeply with their engines idling. Aircraft will be able to land and take off closer together and more frequently, even in poor weather, because pilots will know the precise location of other aircraft and obstacles on the ground. Fewer planes will be diverted. Many instructions now transmitted by radio will instead be sent digitally to cockpits, reducing the chance of errors. (AP)

they are in relation to other planes and what the flight plans are for those other aircraft, enabling planes to safely fly closer together.

Together, the suite of new technologies and procedures being phased in will significantly increase the system's traffic capacity, FAA officials predict. "It really is a revolution in air transportation," Deputy FAA Administrator Michael Huerta said.

The FAA set a deadline of 2020 for airlines to install key equipment that will tell controllers and other aircraft the location of their planes. But the agency has been slow to set technical standards and a deadline for other equipment that will be necessary to realize the full benefits of NextGen, industry officials said. JOAN LOWY (AP)



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Nation

Study on Autism Shifts to Womb

Mother's age, health
 may play larger role
 in twins' diagnosis

Chicago

Most of the risk of autism has been blamed by experts on inherited genes. Now one of the largest studies of twins and autism shifts the focus to the womb, suggesting that the mother's age, health and stress may play a larger role than thought.

The new research doesn't solve the mystery of what causes autism. Most scientists think faulty genes and outside factors are both at work. And because autism spectrum disorders include a wide range of conditions, it's unlikely there's a single cause for all of them.

Conditions during pregnancy may trigger autism where there's a genetic vulnerability, said Dr. Gary Goldstein of the Kennedy Krieger Institute in Baltimore, who was not

1 in 100

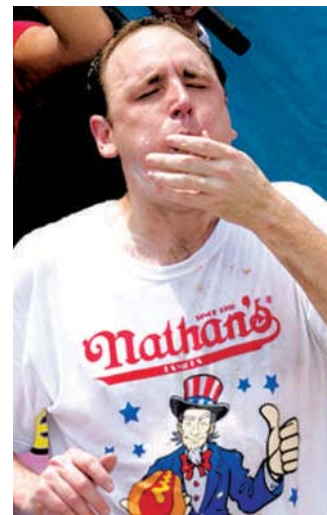
The number of U.S. children who have autism disorders, according to government estimates. (AP)

involved in the new research.

The study, published Monday by Archives of General Psychiatry, found high rates of shared autism disorders for identical twins: 77 percent of male twin pairs and 50 percent of female pairs had autism in both twins. Fraternal twins share the same womb, even though they don't share identical genes. That could be important, said Dr. John Constantino of Washington University School of Medicine in St. Louis, who wasn't involved in the study.

"Finding so many fraternal twin pairs in whom both twins have autism spectrum disorders is a key finding that puts a spotlight on pregnancy as a time when environmental factors might exert their effects," Constantino said. (AP)

Joey Chestnut Relishes Hot Dog Contest Win



JOEY CHESTNUT, LEFT, SCARFS DOWN 62 HOT DOGS in 10 minutes, winning his fifth-consecutive Nathan's Famous Hot Dog Eating Competition in Coney Island in New York on Monday. Past hot dog eating champ, Takeru Kobayashi, right, stages his own contest via satellite from New York City's Fifth Avenue, eating 69 hot dogs in 10 minutes—which would have been a world record.

JOHN MINICILLO/AP AND CINDY ORD/GETTY IMAGES

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Weekend Review



1 ST. PAUL, MINN.

Government Shuttters Over Budget Impasse

Minnesota stumbled into its second government shutdown in six years on Thursday, with a partisan divide over taxes and spending to close a \$5 billion deficit becoming only more bitter as a midnight deadline came and went without agreement. (AP)

2 NEW YORK

Former IMF Chief Freed From House Arrest

Smiling faintly as he walked out of court, former IMF chief Dominique Strauss-Kahn was released from house arrest Friday after prosecutors acknowledged serious questions about the credibility of the hotel maid who accused him of sexual assault. (AP)

3 LAUREL, MONT.

Oil Spill Near Yellowstone

An ExxonMobil pipeline that runs under the Yellowstone River in Montana ruptured Saturday and leaked hundreds of barrels of oil into the waterway, causing a 25-mile plume that fouled the riverbank and forced municipalities and irrigation districts downstream to close intakes. (AP)



4 Thailand Turns to Old Guard

Yingluck Shinawatra, back right, greets her supporters in Bangkok after being elected Thailand's first female prime minister Sunday. Shinawatra is the sister of Thaksin Shinawatra, who was ousted in a 2006 coup, and her win reflects support for the former government. (AP)



5 "If we decide to, we are able to move to Europe like locusts, like bees. We advise you to retreat before you are dealt a disaster."

— MOAMMAR GADHAFI, THREATENING TO CARRY OUT ATTACKS OUTSIDE OF LIBYA IF WESTERN COUNTRIES CONTINUE TO AID REBELS SEEKING TO OUST THE EMBATTLED LEADER.

6 SAN'A, YEMEN

Troops Missing After Battle With Militants

Dozens of Yemeni troops went missing after a battle with al-Qaeda-linked militants at a sports stadium in the country's increasingly lawless south, a military official said Saturday, describing a new setback for a weakened regime already facing an array of opponents. About 50 troops are missing. (AP)

7 ORLANDO, FLA.



Casey Anthony cries as the defense rests Sunday in her murder trial. The jury took the case on Monday. (AP)

8 KABUL, AFGHANISTAN

197

The number of Americans who have died in Afghanistan six months into this year, according to a tally taken by The Associated Press on Saturday. The war in Afghanistan has been going on for nearly a decade now. (AP)



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World

Chavez Makes a Grand Return

Venezuelan leader projects strong image as he battles cancer

Caracas, Venezuela

Hugo Chavez's surprise return from Cuba after cancer treatment was a classic maneuver for a president who excels at showmanship. It's also likely to give him a political boost as supporters rally around their ailing leader.

The 56-year-old president projected a strong, vibrant image as he stepped off a plane early Monday. Smiling, he hugged his vice president, broke into song and later raised a fist in triumph. "It's the beginning of my return!" he declared.

Despite the image, doubts about his future re-emerged as he suggested later in the day that he still isn't ready for a full comeback. He told state television that he doesn't expect to attend celebrations Tuesday marking the 200th anniversary of Venezuela's independence from Spain. Normally, Chavez would be front and center at the patriotic event.



Ailing leader Hugo Chavez declared Monday, "It's the beginning of my return."

Still, for a president who knows how to command attention, his surprise return was signature Chavez and sent a powerful message that he remains in control. During nearly a month in Cuba,

uncertainty has swirled in Venezuela, both about how sick he is and what would happen if cancer were to force him from power.

The long-term political impacts of fighting cancer for a leader who

Mystery Illness

Unanswered questions about Hugo Chavez's health abound. He has said he underwent surgery to remove a cancerous tumor, and his foreign minister said it was extracted from the same part of the "pelvic region" where Chavez had an abscess removed in Cuba on June 11. Chavez hasn't said what type of cancer is involved nor whether he is receiving chemotherapy, radiation or another treatment. Based on Chavez's account, medical experts said it's most likely he has colorectal cancer. (AP)

thrives on the spotlight are unclear. But Chavez will likely play up his plight to rally his movement as he looks ahead to 2012 elections, in which his allies are convinced that he will still be their candidate.

Many Chavez supporters were thrilled just to have him back Monday, and hundreds celebrated in the Plaza Bolivar in downtown Caracas, holding pictures of the president and chanting "Viva Chavez!" and "He's back!" (AP)

In Brief

BERLIN

Otto Von Habsburg Hailed After Dying at Age 98



Von Habsburg

Otto von Habsburg saw the crumbling of the empire his family had ruled for centuries and emerged from its ashes as a champion of a united and democratic Europe. The oldest son of Austria-Hungary's last emperor fought Nazism and Soviet communism during his decades of exile from his homeland, and, after his death Monday at age 98, was lionized by leaders across the Continent as "a great European." (AP)

CAMP BASTION, AFGHANISTAN U.K. Soldier Found Dead

A missing British soldier was confirmed dead Monday in an apparent insurgent attack in southern Afghanistan, hours after Prime Minister David Cameron arrived in the country to hail improved security and announce plans for the withdrawal of hundreds of his nation's troops. (AP)

Have you served your country in Iraq or Afghanistan?

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Mladic Acts Out at Trial's Start

War crimes suspect is ejected from court after disruptions

The Hague, Netherlands

He put on a cap, defying the rules of the courtroom. He gestured to the packed public gallery despite a judge ordering him not to. He threatened a boycott because his chosen lawyers weren't there.

A belligerent Ratko Mladic repeatedly disobeyed and shouted at judges Monday during an arraignment at the Yugoslav war crimes tribunal. Finally, the former Serb gen-

eral was thrown out of the hearing, and the court entered not-guilty pleas on his behalf to 11 charges of masterminding the worst atrocities of the Bosnian war.

The 69-year-old's courtroom theatrics came at the start of a solemn week for survivors of the Srebrenica massacre he is accused of orchestrating, as officials prepare to reburial 600 people whose remains were dug out of mass graves in the past year and identified using DNA tests.

On July 11, the bodies unearthed in the hills surrounding Srebrenica will be laid to rest at a cemetery for victims of the mass executions as thousands remember



Ratko Mladic sits in the war crimes court before his ejection on Monday.

their lost relatives.

Mladic's actions drew anger from survivors of the 1992-95 Bosnian war and raised the prospect of another turbulent trial at the U.N.

court that may offer victims more heartache than justice.

In Srebrenica, the Bosnian town where Mladic is accused of commanding troops who killed about 8,000 Muslim men and boys in 1995 in Europe's worst massacre since World War II, survivor Fadila Efendic said Mladic's behavior was like salt in her wounds.

"We are made to suffer, to mourn our children; we are forced to watch him make a circus in the court," she said. "This should be a short trial. He should be treated the way he treated our children, how he treated thousands of innocent people ... killed at his orders." (AP)

THE COURTS

Back in Hot Water



A French novelist will file a complaint on Tuesday accusing Dominique Strauss-Kahn, left, of attempted rape, her lawyer

said, raising the prospect of a new sex assault investigation starting just as the U.S. case against the former International Monetary Fund chief falters. Strauss-Kahn went on the offensive against his French accuser — writer and journalist Tristane Banon — on Tuesday evening, saying through his legal team that he planned to file his own criminal complaint of slander against her. (AP)

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Metro Board Waits on McDonnell

Governor's appointee could cause shake-up among system's brass

Richmond, Va.

One of Northern Virginia's four representatives to Metro's board of directors may soon have to step down — or move to a less powerful position — so a state appointee can take a spot overseeing the \$2.5 billion transit authority.

Virginia lawmakers passed legislation in the spring allowing Gov. Robert F. McDonnell, a Republican, to appoint a person to serve in one of the 16 seats on Metro's board.

How the changes will unfold isn't clear. One possibility: Northern Virginia's local jurisdictions would lose one of the eight coveted voting slots.

"The governor could wait until a term is up, but he seems intent on taking responsibility now, and therefore someone will need to step aside or be replaced," said Jim Dinegar, president and chief executive of the Greater Washington Board of Trade, whose group has studied Metro's governance.

McDonnell isn't providing details, but Courtney Ware, a manager of policy and communication for the Virginia Department of Rail and Public Transportation, wrote in

"The governor could wait until a term is up, but he seems intent on taking responsibility."

— JIM DINEGAR, CEO OF THE GREATER WASHINGTON BOARD OF TRADE.

an email that the governor is "still considering candidates, and a formal announcement will be made when a decision is made."

McDonnell has long pushed for the power to appoint a member to Metro's board.

"The state is the largest single

contributor of public funds to Metro from our side of the Potomac," said Virginia Secretary of Transportation Sean Connaughton. "The system is facing a lot of challenges, and the state has a vested interest in being at the table."

But Northern Virginia's representatives on the Metro board are reluctant to give up their seats. The local jurisdictions say they contribute more money to Metro than the state.

"Arlington will never step away from Metro," said Mary Hynes, a principal director on the Metro board and vice chairwoman of the Arlington County Board. "We're committed to the system."

(THE WASHINGTON POST)

METRO PULSE



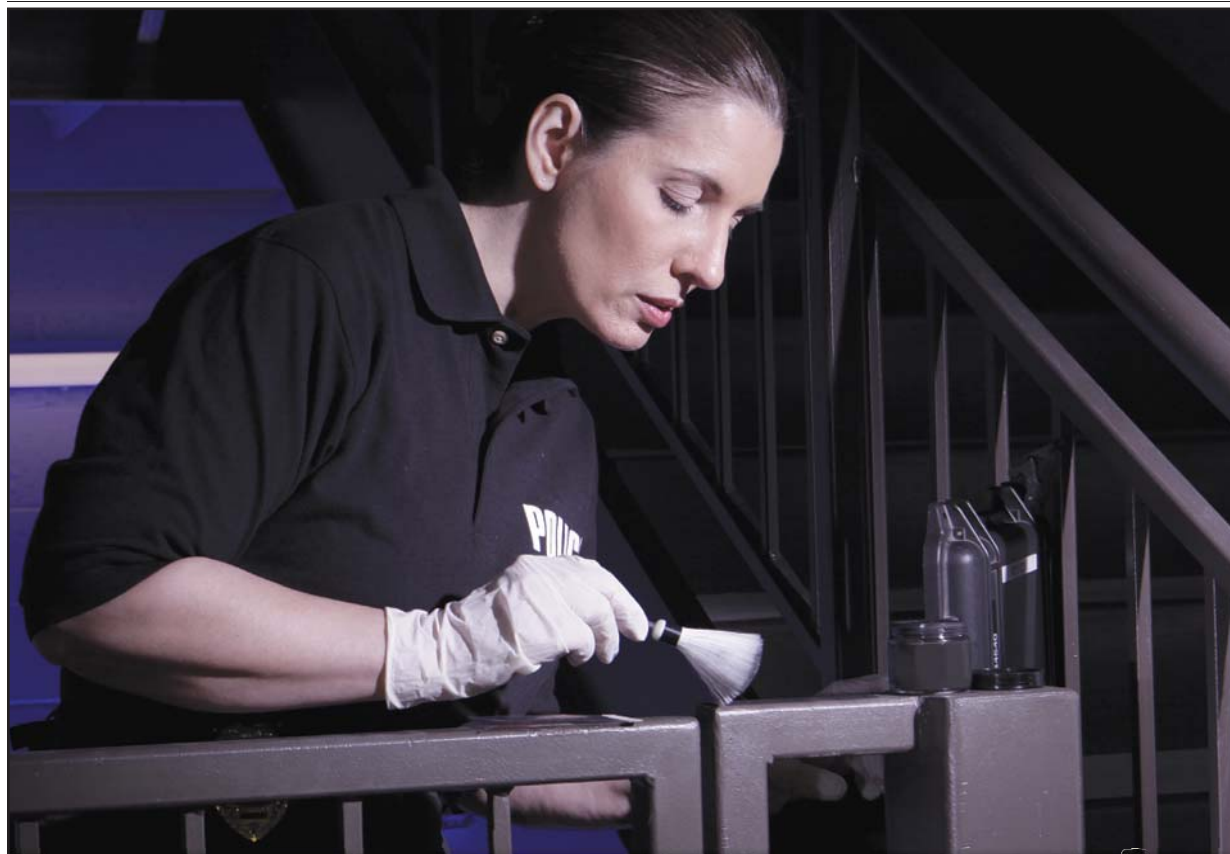
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Alex Henry

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Howard Plans New Power Source

University to install microgrid system as way to save money

Washington

For years, Howard University has relied on Pepco for most of its power needs. But a new project could free the campus from its dependence on the utility and turn it into a power provider for its Northwest Washington neighborhood.

Howard plans to be among the first universities in the area to install a microgrid, a system that would allow it to generate and manage power, and save the university millions of dollars. The campus will still remain connected to Pepco's grid but will have the ability to sever the connection and maintain power even in the event



A microgrid at Howard would supply power to buildings including Founder's Library.

of an outage.

The project is a joint venture between the university and Pareto Energy, a District-based company that specializes in microgrid design and development. The microgrid will be built with the

help of students and faculty at the school's Center for Energy Systems and Control.

"This will give our students the chance to do more meaningful practical research," said James Momoh, the center's director and

an engineering professor. "They'll have the ability to test and demonstrate [microgrid] tools."

As part of the project, two natural gas generators will be installed on campus that will initially provide about half of the campus' power. That share will eventually grow.

The microgrid could be in place within two years, although some regulatory issues still need to be worked out, officials said.

Guy Warner, chief executive of Pareto Energy, said that if deployed correctly, microgrids such as the one at Howard could improve power reliability in the region.

Momoh said that "having a microgrid at Howard will not only increase [power reliability] but will also enable the university to serve as an example it can be done."

LORI ARATANI (THE WASHINGTON POST)

Bicyclist Killed In Storm ID'd

White's Ferry, Md.

A bicyclist who was struck by a falling tree and killed during Sunday night's thunderstorms was passing through upper Montgomery County on a two-day bike trip with a friend, police said.

Neil R. Reich, 56, of Forrest Hills, N.Y., was biking from Harpers Ferry, W.Va., to Washington with a friend when the weather worsened.

About 7:50 p.m., Reich stopped to put on his rain coat on the C&O Canal towpath near White's Ferry as rain drops started falling, and official said. His friend continued biking along the towpath for a bit and stopped to wait for Reich.

When Reich did not arrive, his friend retraced his path, found Reich had been struck in the head and called 911, police said. Reich was pronounced dead at the scene. (AP)

Md. Gov. O'Malley Creates Redistricting Committee

Annapolis, Md.

Maryland Gov. Martin O'Malley has created a committee to draft a legislative and congressional redistricting plan for the state.

O'Malley announced the five-member Governor's Redistricting Advisory Committee on Monday.

He said the group will immediately develop a schedule of public hearings so that citizens can participate in the process.

O'Malley said his secretary

of appointments, Jeanne Hitchcock, will serve as chair of the committee.

Also on the committee are Maryland Senate President Thomas V. Mike Miller; Speaker of the House Michael Busch; James King, who has served as a member of the House of Delegates; and Richard Stewart, who is currently president and chief executive officer of Montgomery Mechanical Services Incorporated.

The group plans to hold its first meeting on Wednesday. (AP)

The Lotteries

Monday, July 4

Virginia

Mid-day Pick 3 6-5-1
Mid-day Pick 4 6-0-2-0
Mid-day Cash 5 4-7-9-18-19

Maryland

Mid-day Pick 3 0-7-1
Mid-day Pick 4 7-5-3-7

District

Mid-day Lucky Numbers 2-6-8
Mid-day DC 4 2-3-5-6
D.C. Five (Sun.) 6-3-2-5-1

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

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- Referrals to other community agencies
- HIV/AIDS services including bereavement support, burial assistance and a retreat program

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MINISTRY
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www.samaritanministry.org

Samaritan Ministry's *Next Step* Program helps people who are homeless, have HIV/AIDS, and others in need make changes for a better life. Program participants meet with staff members to set goals in employment, housing, health care and other areas. Goals are reached one step at a time with staff providing resources and offering encouragement and support. There are no religious requirements for participation.

Money

Not All That Glitters Is a Good Bargain

Know whether you're buying a diamond or a cubic zirconium

New York

There are few things as confusing to buy as a diamond.

Most people don't shop for one more than once or twice in their lives, so they don't know what a reasonable price is. They're often S.W.I.L. (Shopping While In Love). They are intimidated by jargon tossed around the jewelry store, like "very slightly included." And they're inundated by industry admonitions that if they don't plunk down three months' salary for an engagement ring, they're not really in love.

"Most guys get overwhelmed, and they just put down their money, grab the first ring they see and run out," said John Baird, spokesman for online diamond seller Blue Nile Inc. "You would never do that when you're buying a car."

If you don't know how to start smart shopping for a high-quality diamond, here's how.



MARK LENNHAN/AP

Any diamond that costs more than \$1,000 should come with a grading certificate.

Find a Vendor You Can Trust

You might be a whiz at comparison-shopping for cars, cameras or groceries, but it's very difficult for most shoppers to figure out what they should pay for a diamond. So find a jeweler you trust.

If the vendor isn't answering your questions, move on. Ask whether the store is a member of a

reputable trade organization, such as the Jewelers Vigilance Committee. "If you start asking questions and you're getting reluctance to answering them, you're shopping in the wrong place," said Cecilia Gardner, CEO of the JVC.

Get the store's return policy in writing. If you're buying online, find out who's liable if your diamond gets lost in the mail.

Learn the Lingo

The vocabulary of diamond buying is more than confusing. You don't need to be an expert, but the Jewelers Vigilance Committee's "For Consumers" section at Jvclgal.org will help you decipher the lingo. For instance, an "inclusion" is a flaw, and "very slight included" is a grade of diamond. "Enhanced diamonds" have been treated to minimize cracks or blemishes and should cost less. (AP)

Get the Papers

If you're looking at bigger diamonds, ask for a certificate from an independent grader, like the Gemological Institute of America or the American Gem Society Laboratories, Baird said. One rule of thumb is that any diamond that costs more than \$1,000 should come with a grading certificate.

Beware of certificates from labs with similar but probably phony names, like the "Gemological Institutions of America," said Robert Hensley, founder of Dia-

mondHelpers.com, a consumer information website.

The Federal Trade Commission tells jewelers that a diamond's advertised weight has to be accurate "to the last decimal place." That means that a diamond advertised as "0.30 carats" could actually be 0.295 carats on the grading certificate. You might not care about the size difference — but you don't want to pay a 0.30 carat price for a 0.295 carat diamond.

Don't Buy on Vacation

No matter how persuasive the street vendors in Antwerp or Jamaica, you'll have virtually no recourse if you find out later that the "diamond" you dropped a cool thousand for is really just cubic zirconium.

If you do need to contest your purchase, try to settle your dispute with the jeweler first. Then try the Better Business Bureau, the Federal Trade Commission or the JVC. But keep your expectations realistic: It's impossible to predict the outcome of any complaint you file. It's your responsibility to be a smart shopper in the first place. (AP)

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More Eyes in the Skies

U.S. success with drones spurs a rush to catch up on the technology

Washington

At the most recent Zhuhai Air Show, the premier event for China's aviation industry, crowds swarmed around a model of an armed, jet-propelled drone and marveled at the accompanying display of its purported martial prowess.

In an animated video and map, the thin, sleek drone locates what appears to be a U.S. aircraft carrier group near an island with a striking resemblance to Taiwan and sends targeting information back to shore, triggering a devastating barrage of cruise missiles toward the formation of ships.

Little is known about the abilities of the more-than two dozen Chinese models that were on display. But the speed at which they have been developed highlights how U.S. military successes with drones have changed strategic thinking worldwide and spurred a global rush for unmanned aircraft.

More than 50 countries have purchased surveillance drones, and many have started development programs for armed versions because no nation is currently exporting weaponized drones beyond a handful of sales between the United States and its closest allies.

But the world's expanding drone fleets — and the push to weaponize them — has alarmed some academics and peace activists, who argue that robotic warfare raises profound questions about the rules of engagement and the protection of civilians.

Raising Alarm

In recent conflicts, the U.S. has primarily used land-based drones, but it is developing an aircraft car-

Countries With Drones



CHINA: No country has ramped up its research in recent years faster than China. It displayed a drone model for the first time at the Zhuhai Air Show five years ago, but now every major manufacturer for the Chinese military has a research center devoted to them.



INDIA announced this year that it is developing ones that will fire missiles and fly at 30,000 feet.



IRAN last summer unveiled a drone that President Mahmoud Ahmadinejad called the "ambassador of death" but whose effectiveness is still unproven.



ISRAEL, the second-largest drone manufacturer after the United States, has flown armed models, but few details are available. At right, an Israeli soldier holds a drone during a military exercise in October 2010.



PAKISTAN plans to obtain armed drones from China, which has already sold the nation some for surveillance.



RUSSIA has shown models of drones with weapons, but there is little evidence they are operational. (TWP)



DAVID BUIMOVITZ/PI/GETTY IMAGES

itary computers to learn about the country's plans to acquire Global Hawk, which could peer into not only North Korea but also parts of China and other countries.

On top of the increasing anxieties, there also are concerns that some governments might not be able to protect these new weapons from hackers and terrorists.

Build and Sell

But with China and others beginning to market their drones, the U.S. is now looking to boost its own sales by exploring ways to relax American export controls.

Vice Adm. William E. Landay III, director of the Defense Security Cooperation Agency overseeing foreign military sales, said last month that his agency is working on pre-approved lists of countries that would qualify to purchase drones with certain capabilities. At the same time, U.S. officials have sought to limit where others sell their drones.

China has few constraints on selling. It has begun to show its combat drone prototypes at international air shows. And while Chinese aviation officials are downplaying the danger of their drone technology, Richard Fisher, a senior fellow at the Washington-based International Assessment and Strategy Center, said such statements are intended to deflect concern about the nation's expanding military ambitions.

"The Chinese are catching up quickly" Fisher said. "We should not take comfort in some perceived lags in sensors or satellites capabilities. Those are just a matter of time." **WILLIAM WAN AND PETER FINN** (THE WASHINGTON POST)

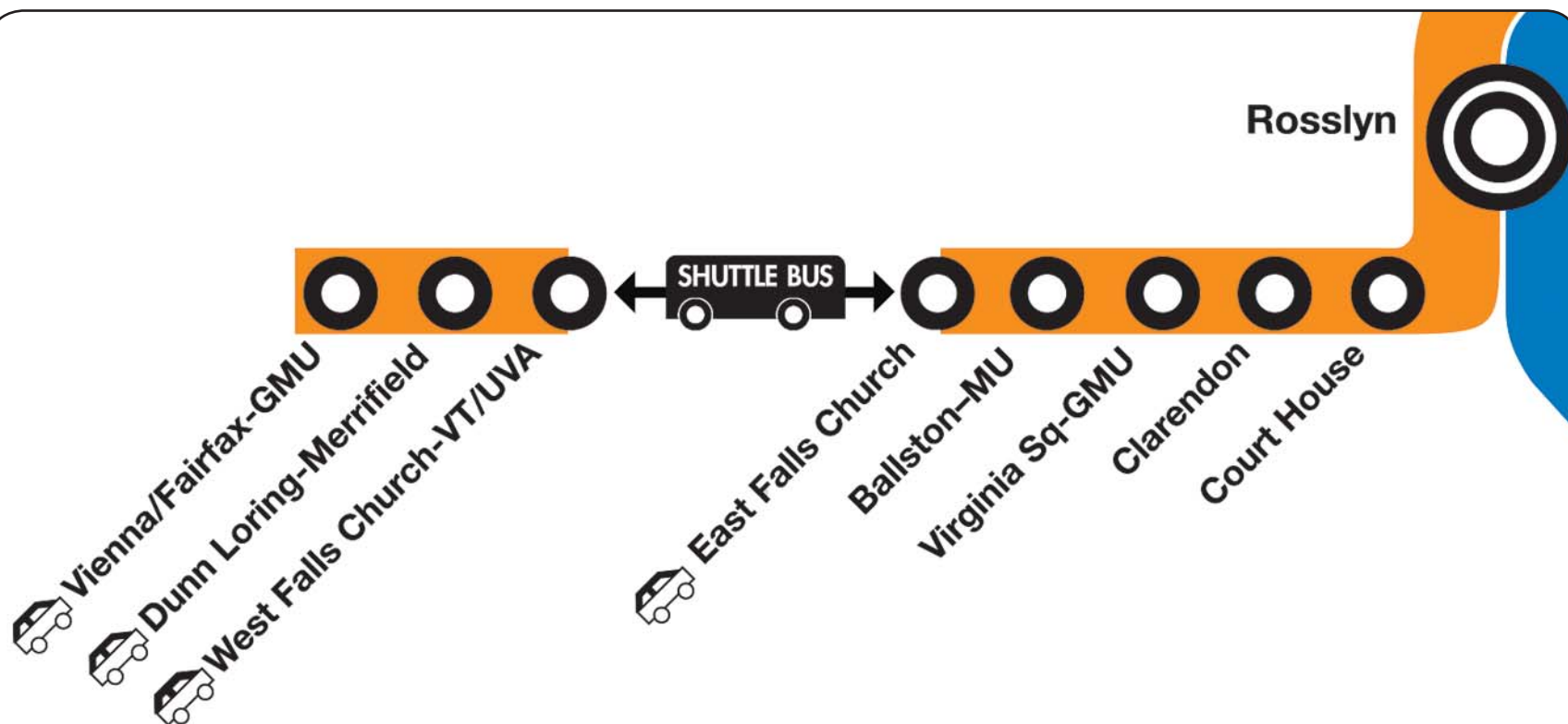
A Cheaper Option ...

Military planners see drones as relatively cheap weapons and highly effective reconnaissance tools. Hand-launched ones used by ground troops can cost in the tens of thousands of dollars. Near the top of the line, the Predator B, or MQ9-Reaper, manufactured by General Atomics Aeronautical Systems, costs about \$10.5 million. By comparison, a single F-22 fighter jet costs about \$150 million. Defense spending on drones has become the most dynamic sector of the world's aerospace industry, according to a report by the Teal Group in Fairfax. The group's 2011 market study estimated that in the coming decade, global spending on drones will double, reaching a total of \$94 billion. (TWP)

... But at What Cost? "THEY COULD REDUCE THE THRESHOLD FOR GOING TO WAR. ONE OF THE GREAT INHIBITORS OF WAR IS THE BODY BAG COUNT, BUT THAT IS UNDERMINED BY THE IDEA OF RISKLESS WAR."

— **NOEL SHARKEY**, A PROFESSOR OF ARTIFICIAL INTELLIGENCE AND ROBOTICS AT THE UNIVERSITY OF SHEFFIELD IN ENGLAND, ON DRONES

The Orange Line between West Falls Church-VT/UVA and East Falls Church stations will be closed the weekends of July 15-17 and 22-24.



- This section will close Friday at 10 p.m. and reopen Monday at 5 a.m.
- Free shuttle bus service will be provided between West Falls Church-VT/UVA and East Falls Church stations. The stations will remain open.
- If you take the shuttle bus, please add 30 minutes to your travel time.
- Consider parking at East Falls Church station and riding Metro from there. Parking is free on weekends.
- The track between these two stations must be closed so that crews can continue construction work to connect the Orange Line to the future Dulles Corridor Metrorail Project. For more information about this important work, please visit MetroOpensDoors.com.



Werth Turns It Around

After being booed earlier, slugger leads Nats to wild victory

The Nationals

Something happens to these Washington Nationals after the ninth inning. On Monday afternoon, it didn't matter that two of their starting pitchers had to pinch-hit in a tie game after the eighth, that Laynce Nix had played first base for the first time since high school or that they had tied the game with a rally that included zero balls hit out of the infield. They had somehow given themselves a chance in extra innings. That's all they needed.

In the 10th inning, Jayson Werth dashed home from third base on a wild pitch, giving the Nationals

..... a 5-4 victory over the Chicago Cubs that ended with a rally Werth created by himself, with help from a sacrifice bunt from starting pitcher-turned-pinch-hitter Livan Hernandez. Before 32,937 at Nationals Park, the Nationals delivered their fourth walk-off victory in their past eight home games, this one sending them back to .500.

None of them materialized quite like Monday's win. Werth, who had been booed relentlessly after striking out with the bases loaded in the seventh, drew a leadoff walk off Cubs reliever Marcos Mateo. With the Nationals' bench shortened by injury, manager Davey Johnson sent Hernandez to pinch-hit, and he bunted Werth to second.

Mateo came up with an injury, and Cubs Manager Mike Quade summoned from the bullpen Car-



Jayson Werth celebrates after scoring the winning run against the Cubs Monday.

Trends

Better Late

The Nats' last eight wins have been either by one run or in extra innings, and four of their last eight home games have been walk-off victories. They are outscoring foes 58-26 for the season in the ninth inning and later. (AP)

los Marmol, who jogged in with little notice, like a startled "Price Is Right" contestant. He paid no attention to Werth, who alertly bolted for third base and swiped it without a throw. The Cubs drew their infield in. Marmol worked a 2-2 count to Ivan Rodriguez, and then unleashed a slider that skipped past Geovany Soto and to the backstop. Werth scampered home, and his teammates mobbed him by the dugout.

Bryce Watch

Moving on Up

The Nationals promoted Bryce Harper to Class AA Harrisburg from Class A Hagerstown on Sunday, having him bypass high-A Potomac in order to provide him an adequate challenge and putting him two steps away from the major leagues. Harper, the 18-year-old phenom the Nationals drafted with the first overall pick last year, hit .318 with 14 home runs, 19 stolen bases and 44 walks over 72 games and 258 at-bats in Hagerstown. (TWP)



ALEX BRANDON/AP

The Nationals moved to 9-5 in extra-inning games. Incredibly, they have outscored opponents 27-7 after the ninth.

Werth, batting .224, finished with his first two-RBI game since May 31. He drove in a run with a broken bat single in the first and had an RBI groundout in the sixth. He played despite getting hit by a pitch on his left wrist Sunday. Johnson said he would have liked to rest the outfielder, but the Nationals were without third baseman Zimmerman (sore abdomen) and first baseman Michael Morse (bruised forearm).

Werth had an outfield assist, too, ending an inning by throwing out Carlos Pena when Pena tried to score from second in the sixth inning. (THE WASHINGTON POST/AP)

In Brief



The Pirates' Josh Harrison, left, collides with Astros catcher Carlos Corporan.

PRO BASEBALL

Hot-Hitting Pirates Move 3 Games Over .500

Rookie Alex Presley had three of Pittsburgh's 14 hits and the Pirates moved three games over .500 this late in the season for the first time in 12 years with a 5-3 win over the Houston Astros on Monday. A day after matching a season high for hits with 16, the Pirates' offense had 13 of its total off Houston's Brett Myers (3-8) — the most he's allowed in 234 career starts. (AP)

PRO BASEBALL

Blue Jays Beat Red Sox

Travis Snider had three doubles and drove in a pair of runs and Aaron Hill homered as the Toronto Blue Jays became the latest team to rough up John Lackey, beating the Boston Red Sox 9-7 on Monday. (AP)

TENNIS

Djokovic Is New No. 1

Wimbledon champion Novak Djokovic rose to No. 1 in the ATP rankings for the first time Monday, while Serena Williams dropped to 175th on the WTA list, her lowest spot since 1997. It's the first time in nearly 7½ years that a man other than Nadal or Roger Federer is ranked No. 1. (AP)

MLB SCOREBOARD

Nats 5, Cubs 4 (10)

Blue Jays 9, Red Sox 7

Pirates 5, Astros 3

Twins 7, Rays 0

Late game results: washingtonpost.com

Back in the Swing of Things: Albert Pujols could be back in the St. Louis Cardinals' lineup as early as Tuesday night, beating the initial timetable for his return from a broken left wrist by a month. After taking indoor batting practice and fielding grounders outside on Monday, Pujols said there was no pain and added that he felt great. He's scheduled to be examined by team physician Dr. George Paletta on Tuesday morning.. (AP)



Sports

Weekend Rewind



Novak Djokovic defeated Rafael Nadal in Sunday's Wimbledon final.

• **The U.S. women's soccer team beat Colombia 3-0 Saturday to advance to the quarterfinals in the Women's World Cup.**

• **Petra Kvitova upset Maria Sharapova Saturday to win Wimbledon's women's title.**

• **The Capitals added goalie Tomas Vokoun Saturday after trading Semyon Varlamov.**

Red, White & Blue Day in France

Stage victory is first for a U.S. cyclist on July 4 at top event

Cycling

Tyler Farrar became the first American to win a Tour de France stage on July 4, dominating a sprint finish in the third leg Monday as teammate Thor Hushovd of Norway kept the yellow jersey.

It was the first Tour stage victory for Farrar, one of the world's best sprinters, and showcased the dominance of the Garmin-Cervelo team over the past two days at cycling's biggest race.

The 123-mile flat route from Olonne-sur-Mer to Redon in western Brittany favored sprinters such as Farrar, Mark Cavendish of Brit-



Tyler Farrar makes a "w" after winning the third stage of the Tour de France.

ain, Italy's Alessandro Petacchi, Tom Boonen of Belgium and Hushovd, the world champion.

"I certainly would have taken it on any day," Farrar said of the stage victory. "But as an American, win-

Bugging Out

Frank Schleck couldn't tell by the taste whether it was a bee or wasp. He was merely happy not to develop an allergic reaction after being stung inside his mouth when he swallowed an insect while riding in the second stage of the Tour de France on Sunday. Schleck also cut his nose during the stage after hitting a camera. (AP)

ning on the Fourth of July, it's the icing on the cake. ... Lucky me."

After he crossed the finish line, Farrar held up his hands to form a "W" with his fingers and thumbs to honor his friend and training partner Wouter Weylandt, a 26-year-old Belgian who died in a crash during the Giro d'Italia in May. JAMEY KEATEN (AP)

express



health directory

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Famed Auburn Trees Hanging On

College Sports

The ailing oaks at Toomer's Corner are a mottled mix of yellow and brown these days, but experts say there's still a chance the trees will be in good enough shape for Auburn football fans to roll them with toilet paper after wins this fall.

It's been about five months — not long after Auburn won the college football championship — since school officials confirmed that the famous trees had been poisoned, and a fan of archrival Alabama is now awaiting trial in the attack.

Emergency procedures that included removing poisoned dirt around the trees' roots have helped them survive this long.

Auburn University horticulturist Gary Kever said no one is sure yet whether the trees will live. Fans have celebrated wins under the trees since at least the early 1970s.

"I don't want to give a sense of false hope, but we're not ready to say they're definitely not going to make it," said Kever, part of a team of experts monitoring the health of the trees and trying to save them. (AP)

TV Lineup

NATIONALS (7 P.M., MASN)

The Nats and Cubs continue their three-game set in Washington.

SOCCER (NOON, ESPN AND ESPN2; 2:30 P.M., ESPN AND ESPN2)

In Group B play at the Women's World Cup, England plays Japan, and New Zealand faces Mexico; then Group A

takes the field for France versus Germany and Canada versus Nigeria.

PRO BASEBALL (8 P.M., MASN)

The St. Louis Cardinals host the Cincinnati Reds.

WNBA (9 P.M., ESPN2) The Phoenix Mercury tips off against the Los Angeles Sparks.

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Tone Without a Tutu

The Bar Method uses dance-inspired moves to make every muscle work to exhaustion

Class Review

When Kate Arnold and her husband decided to move to Washington from Chicago last year, she wanted to live near a studio that offered the Bar Method. But that posed a real estate challenge: One didn't exist. "My life had started to revolve around going to classes," says Arnold, who had transformed her body with the ballet-inspired exercise regimen. So she realized the only solution was to open a franchise herself, which she did last week.

Work It Out

What it is: Using a ballet barre, light weights and lots of tiny pulsing movements to sculpt your muscles isn't a unique fitness concept. (See box.) But this 10-year-old program stands out for its commitment to safety, says Arnold, who notes that Bar Method creator Burr Leonard collaborated with physical therapists to develop the sequences. There's an emphasis on spotting and correcting, so instructors are remarkably hands-on. "I told you we were going to get close," Susan Fanelli told her class on Friday as she adjusted their bodies into the proper positions. And although the exercises are hard, the floors are not. The Bar Method studios feature plush carpeting placed on top of exercise matting, which makes for a comfy surface.

Moves: Every class begins with "leg lifts," which is a kind of



Socks are required at the Bar Method for sanitary reasons, says owner Kate Arnold. Also, they give students better traction.

Time for a Barre Crawl

Have you heard the one about the woman who walks into a barre? If not, you will soon. D.C. already has a number of ballet barre-centric offerings at several studios all over town, including B. Fit (1339 14th St. NW; 202-332-0377, Bfitdc.com) and Xtend Barre at Fuel Pilates (3214 O St. NW; 202-333-0071, Fuelpilates.com). But that's just the beginning of a bevy of options. "The barre workout hasn't hit this area with full force yet," says Jill Warren, who'll be bringing Barre3 (Barre3.com) to Georgetown this fall. The method's known for promoting a neutral spine — no tucking your pelvis for exercises. Time will tell which brand will get into first position. v.h.

march. Just be sure to raise your knees high and point your toes. Latecomers need to do these first no matter what the rest of the class is doing (but if you're more than 10 minutes late, you're not allowed in). Next, you'll pick up 2- or 3-pound weights for high reps

of arm exercises.

Then it's time to cozy up to the barre, where you'll alternate between exhausting muscles and stretching them. You'll clench it while you drop your butt into an imaginary chair and pop your heels off the ground. You'll hang

onto it for balance while tucking your pelvis and squeezing a piece of foam between your legs. You'll grip it while you lie on the floor, and raise your toes toward it. And you won't be sad to leave it for an abs and back series.

Workout: If your muscles are trembling uncontrollably for most of the hour, you're doing it right. The thigh portion tends to be particularly challenging. "That's where we get grunts," Fanelli says. But that's what students are looking for, says 36-year-old Susan Howard, who attended three classes last week. "Your legs are shaking, and that makes you feel like you're working," she says. Worried about working too much?

The Details



The Bar Method is at 750 9th St. NW. Beginners are welcome at all classes. Your first class is \$10, and then it's \$24 per class, although package deals are available. Socks are required. Get more details by calling 202-347-7999 or visiting Dc.barmethod.com.

There are modifications for most moves to alter the difficulty level (push-ups can be on your toes or knees, or leaning on the barre).

Crowd: Even on the first few days in business, classes were packed — so be sure to sign up online ahead of time to secure a spot. Some folks have sampled the Bar Method in other cities or have heard about it from friends. Others are just stumbling in off the street, thanks to the prominent downtown location. Expect the instructor to learn your name to greet you and cheer you on during class. "It's a much nicer experience if I say your name, not 'you in the purple shirt,'" Fanelli says. And as Arnold expected, the studio's students have skewed female. That's why dudes don't get a locker room (although they do have access to lockers and bathrooms).

Bonus points: Before and after class, you're invited to take advantage of the "stall bars." They're two ladder-like structures you can climb and then dangle from to decompress your spine. It's a bit different than when you hang out at other fitness studios. VICKY HALLETT (EXPRESS)

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It's Friendship Vs. Relationship

Q I've done so many favors for my friend over the years, from helping her get jobs to baby-sitting her son. Now she's repaid me by starting to date my ex-fiance. He and I split up two years ago, and she says that since I've said that I'm over him, that I shouldn't care. **MAJORLY MAD**

It's not up to your friend to determine what you should feel about your ex. But some would argue that it's not up to you to determine who your ex — or your friend — should date.

You can let her know your feelings, but that's different from telling her that she can't do something. Write her a note saying that you can't help but feel a bit bruised by their being together, but you know she'll make her own choices. Then try to take a step back and spend some time focusing on other things. (The bright side: No more favors for a while!)

If you can manage to grit your teeth and ride this out — obviously, secretly hoping the relationship will last no longer than a particularly bad Metro delay — it might someday be just a blip on the screen, and your friendship, if you want it to, can survive.

How to Stop a Fast Forward

Q I forwarded an obnoxious email from my boss to a friend of mine, just to be able to vent and laugh about it. She sent it to a few of our friends without telling me. Now I'm concerned that it could really get out there, and I'm angry that she didn't ask my permission. She thinks I'm over-reacting, saying she only sent it to a few people who know me. **NEED AN ARBITRATOR**

I certainly don't think you're over-reacting. Does your friend actually know how the Internet works? Virtually every email or text or blog entry that has ever brought someone down — Weinergate notwithstanding — has begun with a seemingly harmless circulation of it to “just a few” friends.

But showing her your anger isn't going to do anything to help

the problem. Write a respectful, breezy email to the mutual friend recipients, saying you hope they got a kick out of it but you've had trouble sleeping at night knowing that it's “out there,” and you'd greatly appreciate their deleting it quickly. You so don't need me to tell you this, but consider it a lesson learned, and hope it's gone for good.



By Dr. Andrea Bonior

Send your questions to Dr. Andrea Bonior at baggage@readexpress.com. Andrea is a local clinical psychologist and author of the new book “The Friendship Fix” (Friendshipfix.com).

Event Horizon Obstacle Onlooker

Hitting yourself for missing the deadline to register for Metro Dash, the 30-obstacle course at National Harbor this Saturday? That's one way to make up for the bruises you won't be getting jumping over walls, crawling through tunnels and lugging around sand bags. You can also root for the competitors, who will be tackling the course in waves throughout the day (7 a.m. to 7 p.m.). Get more information at Metrodash.com.

Partners Can Get You Net Gain

Learn to double up with the right person on the tennis court

Sports

The Washington Kastles start their 2011 season tonight at their new stadium, on the Southwest Waterfront. But if the tennis stars really want to make a splash, they'll have to serve up some doubles trouble.

That's because in World TeamTennis, three of the five sets are determined by doubles (men's, women's and mixed). So it's helpful that coach Murphy Jensen knows a thing — or two — about pairing

up. With his brother, Luke, he won the 1993 French Open, along with a slew of other doubles titles. Courting a new partner? Here are Jensen's tips for a perfect match.

OPPOSITES ATTRACT

"To be a great partner on the court, like in life, you need to complement each other," Jensen says. It's critical for players not just to have different strengths (say, one boasts great returns and the other has a stellar front-court game) but also different styles. For Rennae Stubbs, who's high-energy, a mellow partner balances her out. "She needs someone to calm her down. And she can fire that person up," he explains.



The Washington Kastles' Rennae Stubbs cheers mixed doubles partner Leander Paes.

SUPPORT GROUP

Your attitudes, however, still have to match up. You need to commit to the same amount of practice time

and enjoy each other's company. "If you're not having fun, you've got the wrong partner," Jensen says.

The worst way to mess up isn't

to miss the next shot but to take a shot at your partner. "You can never ever play the blame game," Jensen warns. "A great partner will make you feel assured that they're not going to jump ship because you're having a string of bad luck."

TEAM SPIRIT

Jensen likes to huddle before every point, sometimes to discuss strategy but often just to connect with his partner. Besides, emphasizing to opponents your strong bond can also help your psychological game. "If you see a team that's joined at the hip, that's intimidating," says Jensen, who notes you can also up the "wow" factor by dressing to the nines together. "They'll think, 'Who are these people?'"

Play it right, and the answer is, "Winners." **VICKY HALLETT (EXPRESS)**



SPECIAL ADVERTISING FEATURE

Motivation Is A Group Effort

Gold's Group Exercise (GGX) Classes are fun, effective and motivating

In the Get Fit Challenge, the Challengers only work out with their personal trainers one day a week and the rest of the time they are on their own. But that doesn't mean they're exercising alone. Every Gold's Gym offers a diverse array of Group Exercise (GGX) classes that make working out a communal, even social, experience.

At the Capitol Hill Gold's, returning Challenger Joy has kept up with her favorite GGX classes and she's discovered a new one that she loves.

FIVE COMPONENTS OF FITNESS

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JOY & ABU

Meet Joy's trainer...

ABU SESAY

GOLD'S GYM - CAPITOL HILL

Abu is a veteran trainer who has helped many people in previous Gold's Gym Challenges. In last season's Get Fit Challenge, he trained the winning pair, Joy and her sister, Gina, who lost a combined 89 pounds during their 12 weeks together. Abu's clients rave about his vast knowledge and infectious positive

attitude. He studied Exercise Science at the University of Maryland-Eastern Shore, and is certified by the National Association of Sports Medicine, and the International Fitness Professionals Association.

TRAINER TIP OF THE WEEK

If you're new to exercise, a great GGX class to start with is BODYFLOW®. A blend of yoga, tai chi and pilates, it improves flexibility and range of motion, which helps decrease the chance of injury, and it delivers a great core workout, which is a vital aspect of fitness. --Abu



"I LOVE GGX!"

Classes provide a spirit of community and a level of motivation that you might not get working out alone on a treadmill. "The instructors are amazing, they really encourage and motivate you," Joy says.

Since she first began working out at Gold's Gym nearly a year ago, Joy has been a regular at her favorite GGX classes, like BODYCOMBAT®. "I love it because it focuses on punching and kicking, and after a long day at work it really works out all your aggression."

She also enjoys the abs classes. "They're so convenient! They're generally only 15 minutes long and I can take them during lunch or after work."

Recently, Joy found a new GGX class she loves: CX30®. "It's absolutely amazing, my favorite class by far," she says. "It's a 30 minute class that focuses on your core. I feel incredibly energized and in shape when I leave."

Though she has her favorite classes, Joy intends to take full advantage of the diverse offerings available to her. "I'd really like to try a lot more cycling and BODYFLOW® classes to keep things interesting and get a full body workout."

GGX LAUNCH - EXPERIENCE THE FUN FIRSTHAND!

Joy says a great way to experience the appeal of Gold's group classes is to attend a GGX Launch. "It's basically a huge party where they introduce new music and choreography for the classes. You get to bring your family and friends and they get to be a part of the fun."

The next GGX Launch - **SummerFest** - is happening at your local Gold's Gym on **July 11-13** and you're invited! See details below to get your free 7-day VIP membership pass.

Joy is off to a strong start, but can she keep it up? Follow her journey and find out.



ABU & JOY

Get your free 7-day VIP membership to Gold's Gym at goldsgym.com/dc

Follow Joy and her fellow Challengers at [Facebook.com/GoldsGetFitChallenge](https://www.facebook.com/GoldsGetFitChallenge)

Points are awarded weekly for body weight loss % and competitive challenges.*

CHALLENGERS	Previous Weight	Current Weight	Total Weight Loss	TOTAL POINTS
JOY	181.0	175.0	-16.0	11
MICHAEL	252.8	244.2	-18.2	11
KATIE	235.0	231.1	-10.7	7
LARRY	372.0	367.0	-13.4	5
CAREN	227.5	224.5	-5.5	3
STEPHEN	362.4	356.0	-10.0	3

Stethoscope



Bite in! That well-dressed hot dog probably won't cause pancreatic cancer.

CANCER

The Preservative Party

If you didn't let fears of pancreatic cancer prevent you from downing a hot dog at that barbecue yesterday, good call. Although the chemicals used to cure meats (such as hot dogs, bacon and ham) have been found to cause tumors in lab animals, a study published in the American Journal of Epidemiology found no evidence that they have the same effect on humans. But for your waistline's sake, maybe go for watermelon instead next year.

SLEEP

Your Children Could Use Better Bedtime Stories

The Supreme Court's decision to allow the sale of violent video games to children could have some far-reaching consequences — on kids' sleep schedules. A study published in the July issue of Pediatrics found that toddlers who were exposed to violent video games (or TV programming) had a tougher time catching their Z's. Spending time in front of a screen in the evening at all, regardless of content, also increased bedtime woes.

SAFETY

Hang Up on Bad Habits

You've heard of drinking and driving. But how about syncing and driving? Researchers at the University of Alabama at Birmingham surveyed students about their behind-the-wheel smartphone habits and found that 35 percent admit to sometimes using apps on the road. Ten percent said they "often," "almost" or "always" use apps while driving. If this keeps up, it won't just be the pigs in "Angry Birds" who are in danger.

BLOODY GOOD IDEA

Ponying up a pint yields benefits for donors

A certain HBO show has folks obsessing about blood this summer, and the timing could not be better. Supplies of the life-giving liquid reach critical lows during the high-temperature months. "Not enough people are donating, because the weather's good and they're on vacation," says Dr. Ralph Vassallo, Red Cross' chief medical officer for the local region. "Donating blood is the last thing on people's minds." But it's not just vampires who could use a few pints — for recipients, your A, B, AB or O could be the difference between life and death. And getting drained comes with some perks for you, too. **NEVIN MARTELL**



CHECK UP

Before you can roll up your sleeve and offer a vein, Red Cross staffers check your temperature, iron level, blood pressure, hemoglobin levels and pulse. "It's like getting a small-scale mini-physical," Vassallo says. If you have high blood pressure, low iron levels, an irregular heartbeat or a fever, the team will catch it during the examination process.

SNACK TIME

You'd have to run three to four miles to lose 350 calories. Or, you can donate a pint of blood. Don't go biting everything in sight, but you can definitely reward yourself with a treat. "You can eat a single candy bar," Vassallo says.

IRON IT OUT

Routine blood-bank deposits can help treat a genetic disorder called hemochromatosis, which, Vassallo says, affects about one in 225 Caucasians (it's much less prevalent in people of other ethnicities). It causes increased iron absorption in the gut, which can lead to potentially fatal organ damage. "The treatment is to take off a unit of blood," Vassallo says. "However, if you're donating frequently, the disease may never reveal itself, because your iron won't have the chance to build up."

WARM FUZZY

It'll certainly make you feel better about yourself than watching TV at home. Plus, pitching in can help give you peace of mind. "If you know the blood supply is adequate, you know that your colleagues, your friends, loved ones and you are all safe if something happens," Vassallo says.

● There are a dozen donation centers in the Washington region, including one downtown location at 2025 E St. NW. Find additional locations and hours, and schedule an appointment by visiting Redcrossblood.org or by calling 1-800-733-2767.

Recipe File

NOT-SO-SINFUL DEVILED EGGS

Start to Finish:
45 minutes

- ▶ 12 large eggs
- ▶ Ice
- ▶ 1/2 cup low-fat cottage cheese
- ▶ 3 tablespoons low-fat mayonnaise
- ▶ 1 tablespoon Dijon mustard
- ▶ 2 teaspoons cider vinegar
- ▶ 1 tablespoon prepared horseradish



Cottage cheese helps increase the creaminess of the low-fat mayonnaise.

- ▶ 1 tablespoon sweet pickle relish
- ▶ Salt and ground black pepper, to taste
- ▶ Fresh chives, to garnish
- ▶ Smoked paprika, to garnish

Makes 24 Halves

Place the eggs in a large saucepan and fill with cool water. Cover the pan and bring to a boil over medium-high heat. Remove the pan from the heat and let it sit for 15 minutes. Drain the hot water, leaving the eggs in the pan. Fill the pan with cold water and a cup of ice. Allow the eggs to cool completely.

Meanwhile, in a food processor, combine the cottage cheese, mayonnaise, mustard, vinegar and horseradish. Puree until smooth. Set aside.

Peel the eggs but keep them intact. Slice the eggs in half lengthwise. Retain the egg whites. Discard half of the yolks.

In a medium bowl, mash the remaining yolks. Add the pureed dressing mixture and the relish. Stir to combine, then season with salt and black pepper. Using a pastry bag or a zip-close bag with the corner cut off, or using a spoon, refill the wells in the egg whites. Garnish the tops with a little sprinkle of smoked paprika and some chopped chives. (AP)

35 calories; 15 calories from fat (49 percent of total calories); 2g fat (0g saturated; 0g trans fats); 55mg cholesterol; 1g carbohydrate; 3g protein; 0g fiber; 105mg sodium.

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City of College Park - Human Resources

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Sound Bets



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Hip-Hop Hooray

The 10th annual D.C. Hip-Hop Theater Festival begins and ends with events for the purists: an "Old School Hip-Hop Jam" at Marvin on July 11 and a night of battle raps and break dancing on July 16 at St. Stephen's Church. Both events are gratis.

Hip-hop's a lifestyle more than a



By Christopher Porter

genre, so the entire festival is a tribute to its evolving history. Highlights include a free July 12 dance class at the Kennedy Center's Millennium Stage featuring choreographer Maija Garcia ("Fela on Broadway!") and the free July 13 concert "OKAYAFRICA: Hip-Hop From the African Diaspora" featuring Tabi Bonney; Maimouna Youssef, shown; and Bajah + the Dry Eye Crew.

The plays "Seed" at Arena Stage (free, July 13-14) and "Word Becomes Flesh" (\$20, July 15 & 16) are the fest's centerpieces, but the July 12 "J Dilla Annual Benefit Concert" is its heart: The beloved producer died in 2006 at age 32, and D.C.'s finest rappers will honor J Dilla — and hip-hop — with a night of his pioneering music.

Go Online:

► Check out Hhtf.org/hhtfdc for full festival details, and stream music by Maimouna Youssef at Maimounayoussef.bandcamp.com.

Politics of Pop Music

Disharmony can arise when candidates use popular songs without musicians' permission

Music Feature

You've heard this one before: A hopeful politician plays a song at a rally, and a rankled rock star slaps him with a cease-and-desist letter.

With the 2012 race for the White House officially under way, the first big sparks between a pol and a pop star flew in Waterloo, Iowa, last Monday when Rep. Michele Bachmann, R-Minn., blasted the first 29 seconds of Tom Petty's "American Girl" before announcing her bid for the presidency. Petty's camp promptly sent a letter asking her to knock it off. Prepare for 16 more months of this.

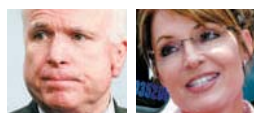
Although presidential campaigns have adopted theme songs since Abraham Lincoln was running for office, squabbles between candidates and musicians have only become commonplace since 1984, when President Reagan name-dropped Bruce Springsteen and his "message of hope" while stumping in New Jersey. (Springsteen's "Born in the U.S.A." was a rising hit at the time, and although Reagan never reportedly played the song on the trail, the singer complained that his image had been co-opted.)

Since then, this trope has played out during every campaign season like a broken record. Sometimes the



Tom Petty said no to Michele Bachmann's use of "American Girl" in her campaign.

Cease and Desist



John Mellencamp and the Foo Fighters asked Sen. John McCain, R-Ariz., far left, to stop playing their hits during his losing 2008 presidential run. McCain was also chided by Heart after running mate Sarah Palin, left, took the stage at the Republican National Convention to "Barracuda." (AP)

Permission Granted



Bill Clinton, far left, used Fleetwood Mac's "Don't Stop" in his successful 1992 presidential campaign; Sen. John Kerry, D-Mass., left, used Bruce Springsteen's "No Surrender" in his 2004 bid; and then-Sen. Barack Obama, D-Ill., used Springsteen's "The Rising" in 2008 — without any protest from the artists. (AP)

disputes go unresolved. Artists can take legal action when a politician uses their music in a campaign advertisement without permission, but they have little recourse against candidates who pump the hits at public appearances.

"[Using music is] an impediment to the extent that it diverts resources from the campaign."

— DAVE WASSERMAN OF THE NONPARTISAN COOK POLITICAL REPORT

Over the years, Republicans have found a haven in country music. Lee Greenwood doesn't allow "God Bless the U.S.A." to be used in political commercials. But the song has been a reliable go-to at rallies. Reagan and George H.W. Bush used the song in their campaigns, and numerous Republicans used it in 2008. Recently, Beyonce covered it for charity, making it safe turf for Democrats. (Beyonce recently aligned herself with Michelle Obama's "Let's Move!" campaign.)

Bachmann might want to think twice about her campaign soundtrack. Things didn't go well for the last presidential hopeful to play "American Girl" on the campaign trail — Hillary Clinton. CHRIS RICHARDS (THE WASHINGTON POST)

Weekend Box Office	
Transformers: Dark of the Moon	\$116M
Cars 2	\$32.1M
Bad Teacher	\$17.6M
"Larry Crowne"	\$15.7M
Super 8	\$9.5M
Monte Carlo	\$8.8M
Green Lantern	\$8M
Mr. Popper's Penguins	\$6.9M
Bridesmaids	\$4.4M
Midnight in Paris	\$4.3M



Comments? Give Christopher your feedback: expressnightout.com/soundbets

Woman in the Mirror

Grammy-nominated R&B singer Ledisi says her new disc is a reflection of herself

Album Review

If there's any message Ledisi wants her fans to take away from her latest album, "Pieces of Me," it's about gaining a sense of self-confidence and self-worth.



Pieces Of Me

Ledisi

"This project is very personal to me," she says. "I want women to hear themselves in the music and find a way to celebrate and embrace who they are."

It's something that Ledisi has finally been able to accomplish in her own life. Early in her career, when Ledisi struggled to make inroads in the business, the New Orleans native started to have doubts about whether she'd fit in



"Pieces of Me" gives listeners a front-row seat to Ledisi's tackling myriad emotions.

or whether she had what it took to make it as a recording star.

But after the breakthrough success of 2007's "Lost & Found," which garnered her a Grammy nomination for best new artist, and 2009's "Turn Me Loose," which earned her additional Grammy nominations and more success, she's finally feeling confident.

The title track of her new album, which is the album's first single, gives her audience a glimpse at a woman who's confidently tackling

"I hope it shows that Ledisi is funny. She is sad. She is spirited. She is very complex. It's about no longer wondering whether I'm worthy of being in this business."

issues of love, intimacy, relationships, respect and empowerment.

"This is a reflection of me as a person, of the person I'm becoming," Ledisi says. "I hope it shows that Ledisi is funny. She is sad. She is spirited. She is very complex. It's about no longer wondering whether I'm worthy of being in this business."

Vocally, she can reign supreme in the R&B world; her stylistic tones also hint upon her penchant for jazz and opera. That versatility has helped draw acknowledgment from fans (who reach as high as the nation's first lady) and from peers, and helped her recognize pieces of herself that had been long buried.

"All of the producers wanted me step back and look at what I'd done, to really see eight months later what we had," she recalls. "I was always asking, 'Did I do good?,' and for the first time, I was able to look back and say, 'Wow. That is so good.' This project reminded me to stop and smell the roses, to look around outside and really see what I'd done." CHEVEL JOHNSON (AP)



"Wilfred's" title character shows Ryan (Elijah Wood, above) how to be a man.

Man's Best Friend in 'Wilfred'

Television

Elijah Wood's latest acting gig is ridiculous, and he's OK with that. The actor stars in the new FX show "Wilfred," playing a depressed guy named Ryan who is on the verge of suicide. He finds a new zest for life while hanging out with his neighbor's dog Wilfred, except as Ryan sees it, Wilfred is a talking man in a dog suit who smokes cigarettes.

"There were days where there would just be absurd situations that my character and Wilfred would get into and you'd step out of that and thing 'what are we doing?'" Wood says.

The show, which airs Thursdays at 10 p.m., drew 2.6 million viewers when it premiered June 23 — FX's best ratings ever for a comedy. ALICIA RANCILIO (AP)



All Hail the Hammer: Get ready for "Thor 2." Disney and Marvel Studios are moving ahead with a sequel to the hit superhero movie, setting a July 26, 2013, release date for the movie. Kenneth Branagh will not return to direct, though he will produce. No writers have been hired for the sequel, although Chris Hemsworth, who plays Thor, is slated to reprise his role. "Thor" made \$437 million at the worldwide box office. (THE HOLLYWOOD REPORTER)

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1 Ace That

If your love for Venus Williams wasn't dimmed by her early loss at Wimbledon, show your devotion by watching her and the Washington Kastles as they take on the Kansas City Explorers — for regional American domination? Not really. But it's another D.C. sport with the potential to break your heart (like you needed that). **Kastles Stadium at the Wharf, 800 Water St. SW; Tue., 7 p.m., \$45-\$75; Washingtonkastles.com. (Waterfront)**

2 Touchdowns, Shrunk Down

No production by the Reduced Shakespeare Company will ever live up to "The Complete Works of William Shakespeare (abridged)," but the group keeps coming up with new iterations. The latest is "The Complete World of Sports (abridged)," which is a three-man race through the history of sports. Expect broad humor and jokes about bowling. **Kennedy Center, 2700 F St. NW; through July 24, \$39-\$49; 202-467-4600, Kennedy-center.org. (Foggy Bottom)**

3 Stag(nation) Party

Economist Tyler Cowen is worried about today's technology. Though any criticism of the pace of the modern world smacks of fuddy-duddyism, Cowen makes interesting (if debatable) points about modern technological leaps versus those of the 20th century in his new book, "The Great Stagnation." **Politics and Prose, 5015 Connecticut Ave. NW; Tue., 7 p.m., free; 202-364-1919, Politics-prose.com. (Van Ness)**



lookout TV tonight

Best Bets

FAM 8:00 **Pretty Little Liars** Hanna gets Lucas a date with his dream girl, but her efforts to help him backfire. Emily considers spilling the beans about the fake letter when her mom broadcasts the word about her scholarship all over town.

USA 9:00 **White Collar** Neal and Peter go undercover as wealthy bachelors to thwart a "black widow" who's in New York City looking for her next well-heeled would-be spouse.

TNT 10:00 **HawthoRNe** As the hospital prepares to put on a health fair, Kelly suspects an outbreak of the nasty MRSA bacterium and clashes with Bobbie over how to proceed.

ABC 10:00 **Combat Hospital** Rebecca and Bobby deplete the hospital's blood supply by treating a multiple-gunshot victim. Simon (Luke Mably, right) re-connects with a photojournalist (Tia Carrere, left) with whom he once had a relationship. (TRIBUNE MEDIA)



Watch Sheep to Sleep

SWEETGRASS


PBS 10:00 "Sweetgrass," a "POV" documentary on the vanishing way of life of the Montana sheep farmer (10 p.m., PBS), is audaciously dull. The first few minutes of the film consist of a sheep staring at the camera. A full 13 minutes go by before a human voice is heard. And it's directed at a wayward sheep, not the audience. If you like long, lingering glances at sheep herds in motion, "Sweetgrass" is the film for you. KEVIN MCDONOUGH (UNIVERSAL UCLICK)

Competition



California Dreamin'

The contestants on "America's Got Talent" (9 p.m., NBC) have their eyes on a California prize, as those who made it through the audition rounds take the stage in Las Vegas in hopes of earning a spot in the top 48 and a chance to compete in the live shows in Los Angeles. Nick Cannon, shown, hosts; Howie Mandel, Sharon Osbourne and Piers Morgan judge. (TM)



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X00001_2-05

Amanda Hubert, Chris Kastl

Amanda, 24, is a paralegal. Chris, 29, is a business development analyst. They live in Fairfax.

THE MAIN EVENT: Aug. 20 in Chantilly, Va. Chris's 3-year-old son, Aidan, will be their ring bearer.

HOW THEY MET: In the office break room, when they both worked at Lockheed Martin. "Chris' first words to me were 'How do you drink that stuff?,' referring to the instant coffee. I found myself drinking much more coffee once I saw he frequented the break room!"

FIRST IMPRESSIONS: "He had a nice big office with a window. I thought he must be important!" "She's beautiful, she's funny, she has great hair, and she's young!"

FIRST DATE: Pizza at Arlington's Liberty Tavern.

HOW HE PROPOSED: After she received an alumni award at George Mason, "he took a detour to the lake in front of campus and proposed. Afterwards, we went home and had a barbecue." "She thought I was kidding," Chris says.

STUPEDEST FIGHT: Over golf. "It gets a bit competitive," Amanda says.



"I FOUND MYSELF DRINKING MUCH MORE COFFEE ONCE I SAW HE FREQUENTED THE BREAK ROOM!" — AMANDA HUBERT

Katrina Albright, Drew Crandall

Katrina, 34, is a senior development associate. Drew, 32, works in international development. They live in D.C.

THE MAIN EVENT: They'll wed on Sept. 4 in Burlington, Vt., with a cruise reception on Lake Champlain.

HOW THEY MET: At work, when they were both employees of the World Wildlife Fund. When he met her dogs, it was "a three-for-one deal I couldn't refuse," Drew says.

FIRST IMPRESSIONS: "I was really impressed with his sense of humor and how much he knew at work."

FIRST DATE: They have no official "first date," since "Katrina and I had many first dates before we realized



we had more than a friendship."

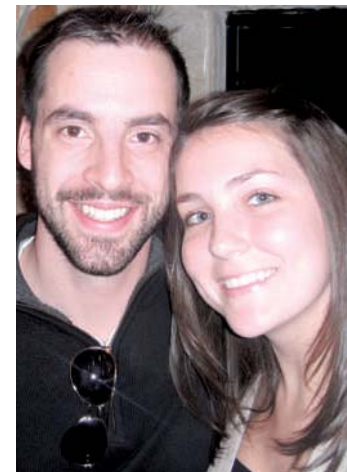
HOW HE PROPOSED: On a road trip to Santa Fe, N.M. "Drew made a fire, then proposed with a beautiful ring" made of recycled gold and a conflict-free diamond.

PET NAMES: He calls her "Lois" and, while he once answered to "Clark" or "Superman," he's now just "Sweetie."

STUPEDEST FIGHT: "When we first moved in together, we couldn't agree on whether to get maid service. Drew won (no maid)," Katrina says.

WHEN SHE KNEW: When she returned from a work trip to Peru and Colombia to find that he'd hidden a dozen love notes at her desk and had flowers delivered. "That's when I knew my heart was all his."

FAMILY TRADITIONS: Their reception decor incorporates four generations of family wedding photos.



Mandy DeVine, Matt Kudia

Mandy, 28, works for Conservation International. Matt, 28, is a government contractor. They live in Crystal City.

THE MAIN EVENT: They're marrying Aug. 27 in a castle in Maryland. "It has an old European feel to it that will make it seem like a destination wedding," Mandy says.

HOW THEY MET: Through a D.C. kickball team. She was the captain; he was hoping to meet new people.

FIRST DATE: Filomena's in Georgetown.

FIRST KISS: At her place after dinner. "We watched some TV while I worked up the courage to go for the kiss," Matt says.

HOW HE PROPOSED: On the C&O Canal after another Filomena's meal.

MOST-HATED CLOTHING ITEM: Her black pajama pants "with a huge hole down the back. I can't help but poke at it every time she walks by."

THEIR SONG: "Damn if we don't have fun singing badly to Enrique Iglesias' 'I Like It,'" Matt says.

CELEBRATING HERITAGE: Matt was raised Catholic, so their officiant is a retired Catholic priest. And since both Matt and Mandy have lost grandmothers, they'll have a moment of silence for their families.

B.I.O.

By Invitation Only If you'd like to see your wedding or commitment ceremony in B.I.O., send your favorite informal photograph (wacky is fine, but please don't send a formal engagement shot), plus your names and ceremony date to weddings@readexpress.com. Please contact us at least one month before your wedding. We'll get back to you with questions.

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Poll Center

Today's Question

DO YOU THINK CASEY ANTHONY WILL BE CONVICTED ON MURDER CHARGES?

VOTE AT EXPRESSNIGHTOUT.COM OR TEXT A FOR YES OR B FOR NO TO 98999

Yesterday's Results

DO YOU THINK NEWSWEEK'S COVER FEATURING PRINCESS DIANA IS IN BAD TASTE?



"How about a digitally enhanced image of what Martha Washington would like if she were still alive? ... When is it enough?"

COMMENTER GARRETT IRBY

"Every major news outlet ran with it, so fantasy photos are obviously journalism."

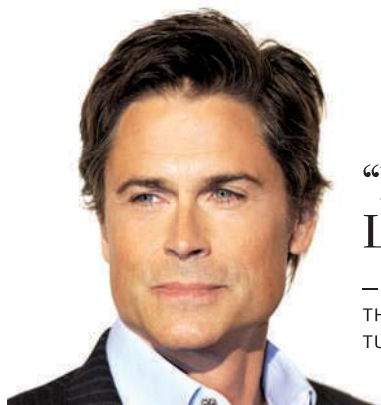
COMMENTER CYNIC

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"Really, Nats Park video board? The Bill Pullman speech at the end of the movie 'Independence Day'?"

— THE WASHINGTON POST'S **ADAM KILGORE** TWEETED ABOUT THE OPENING MONTAGE BEFORE THE NATIONALS' FOURTH OF JULY GAME AGAINST THE CUBS.



"I would have never guessed that Rob Lowe was a Republican corporate pig."

— A COMMENTER AT WASHINGTONSCENE.THEHILL.COM WAS NOT HAPPY TO HEAR THAT ROB LOWE'S 17-YEAR-OLD SON, MATTHEW EDWARD, IS STARTING AN INTERNSHIP TUESDAY IN THE OFFICE OF HOUSE MAJORITY LEADER ERIC CANTOR, R-VA.



Blog Log

"Fox News is a 24-hour news source yet it took them over eight hours to address their Twitter situation? Someone in PR needs to be fired."

— **@FOXFILES** REACTS TO NEWS THAT THE TELEVISION NETWORK'S TWITTER ACCOUNT WAS HACKED AND FALSELY STATED MONDAY THAT PRESIDENT OBAMA HAD BEEN ASSASSINATED.

Women: Is Your Drinking Causing Problems? Do You Drink Alcohol to Help Ease Your Anxiety?

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Horoscope

CANCER (June 21-July 22) You may not be able to ignore all distractions, but one or two may prove useful to you as you think through a problem.

LEO (July 23-Aug. 22) You'll want to get in touch with an expert regarding an issue that has resurfaced. You can't ignore it this time.

VIRGO (Aug. 23-Sept. 22) You and a loved one may not be able to agree on an aesthetic issue, but, fortunately, this is not a pressing matter.

LIBRA (Sept. 23-Oct. 22) You may observe unusual behavior in a loved one, but what is more important, of course, is your reaction to it.

SCORPIO (Oct. 23-Nov. 21) Slow and steady wins the race — or at least allows you to progress in a manner that provides both reward and satisfaction.

SAGITTARIUS (Nov. 22-Dec. 21) You may be asked to do something rather brave — and yet you are in just the right frame of mind to take on this unusual challenge.

CAPRICORN (Dec. 22-Jan. 19) Before you say yes to a request that is not only routine but expected, you'll want to be sure there are no hidden issues at work.

AQUARIUS (Jan. 20-Feb. 18) You have been waiting quite some time for an opportunity to come knocking that allows you to spread your wings further than usual. It's here.

PISCES (Feb. 19-March 20) It's a good day for you to observe how others do things. What you learn can serve you well for a long time to come.

ARIES (March 21-April 19) You won't be able to run from your past at any time, so instead of shying away from the inevitable, you are better off embracing it.

TAURUS (April 20-May 20) Just when you think you've exhausted all available resources, you will find that you have overlooked one that is actually most useful to you.

GEMINI (May 21-June 20) Introductions needn't be formal at this time, but they must be polite and thorough. You don't want to leave anyone out.

Scrabble Grams

PAR SCORE 140-150, BEST SCORE 199

E ₁	E ₁	U ₁	R ₁	N ₁	N ₁	V ₄

Double Word Score

--

 RACK 1

A ₁	E ₁	I ₁	N ₁	L ₁	N ₁	H ₄

--

 RACK 2

A ₁	A ₁	E ₁	G ₂	N ₁	R ₁	R ₁

--

 RACK 3

E ₁	E ₁	I ₁	T ₁	N ₁	L ₁	V ₄

3rd Letter Triple

--

 RACK 4

Friday's Solution

G ₂	O ₁	D ₂	S ₁	O ₁	N ₁	
U ₁	S ₁	E ₁	A ₁	B ₃	L ₁	E ₁
D ₂	I ₁	N ₁	G ₂	B ₃	A ₁	T ₁
P ₃	A ₁	R ₁	A ₁	G ₂	O ₁	N ₁

 PAR SCORE 145-155

 RACK 1 = 8
 RACK 2 = 59
 RACK 3 = 83
 RACK 4 = 63
 TOTAL 213

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

2								
4		7	1	8				9
		5					6	
8			5	2				
		1	7		3	6		
			6	4				2
	5					7		
7			9		6	3		4
								1

Friday's Solution

6	7	3	1	9	4	8	5	2
1	8	2	5	6	7	4	9	3
5	4	9	3	8	2	7	6	1
9	3	8	2	4	1	6	7	5
2	5	6	8	7	3	9	1	4
7	1	4	6	5	9	2	3	8
4	2	7	9	1	5	3	8	6
3	6	5	7	2	8	1	4	9
8	9	1	4	3	6	5	2	7

Need more Sudolku? Find another puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

Comics

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POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

90 | 72

Today: Very warm today with some sun. Partly cloudy tonight.

90 | 74

Tomorrow: A shower or thunderstorm tomorrow. A thunderstorm tomorrow evening.

Looking Ahead

THU	FRI	SAT
90 73	91 72	92 72

Sun and Moon

Sunrise today: 5:48 a.m.
 Sunset today: 8:37 p.m.
 Moonrise today: 10:34 a.m.
 Moonset today: 11:14 p.m.

Almanac

Normal high: 88
 Record high: 100
 Normal low: 69
 Record low: 52

FORECAST BY ACCUWEATHER.COM ©2009

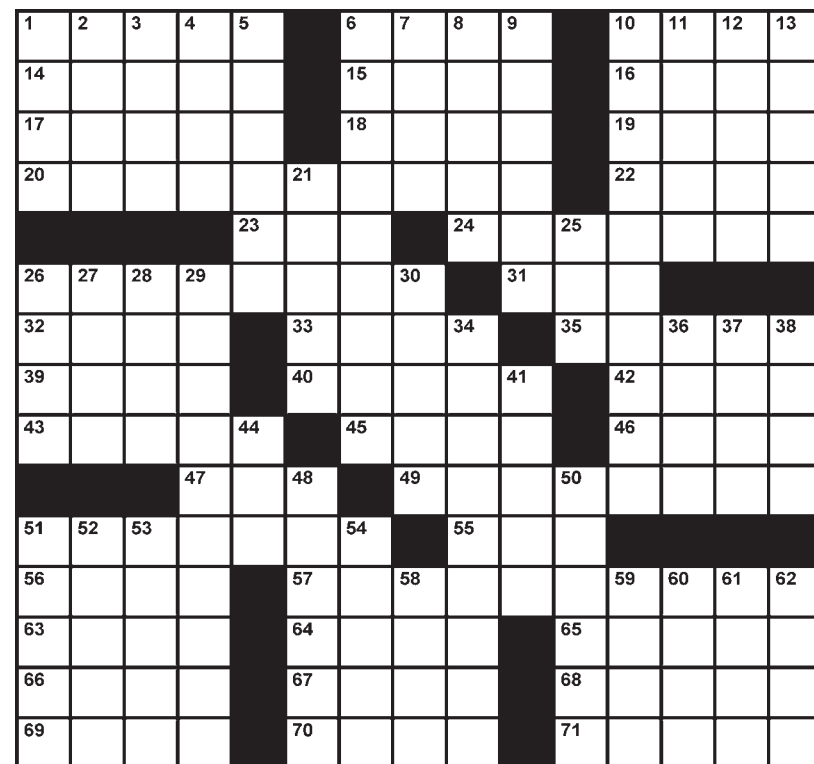
lookout puzzles

Crossword

CHILLY AND THEN SOME

ACROSS

- 1 Muscle malady
6 Muslim priest
10 Spill the beans
14 "Message received and understood"
15 NASA cancellation
16 Volcano flow
17 Act with passion
18 Tickled pink
19 Elevator man
20 It prevents raises
22 Casual talk
23 Long, long time
24 "Tobacco Road" author Caldwell
26 Corrosive stuff from the sky
31 New start for classical music?
32 Beverage with a burger, often
33 Sounds from pigeon coops
35 Run ____ of the law
39 Chicken ____ (deep-fried dish)
40 Tries to get a buck?
42 Ocean liner destination, sometimes
43 Periwinkle, for one
45 Doris Day song word repeated after "Que"
46 "____ of the Cave Bear"
47 "Dear old" man
49 Doctors on the cutting edge?
51 Steppe child?
55 Clydebank contradiction
56 Banned fruit spray
57 Got more than the sniffles
63 Corleone family head
64 The "A" of A.D.
65 Any song your parents like
66 You can't have big days without them
67 Russian pop duo
68 Castro of Cuba
69 Minor collision damage
70 Word with "time" or "mail"
71 "All That Jazz"



EDITED BY TIMOTHY E. PARKER

choreographer Bob

DOWN

- 1 All hands on deck?
2 Capital of Italia
3 Overly eager
4 Parcel (with "out")
5 Choose one over the other
6 Extremely clever
7 Burrowing animal
8 Staring intently
9 Up-to-date
10 Old-fashioned fridge need
11 Punjabi policeman's club
12 Bird-related
13 Keep the turkey moist
21 Raid victim?
25 Ocean
26 Makes inquiries
27 Nickel or dime
28 Start of an invention
29 English talk-show host/comedian
30 Fifth canonical hour
34 Debilitated from drugs or alcohol
36 Scandinavian capital
37 Mongolia's ____ Bator
38 Part of a camera or microscope
41 Miles of movies
44 Fond du ____ (Wisconsin city)
48 Old gold coins
50 Escape punishment
51 Signaled "hi" or "bye"
52 ____ Oyl
53 Approach closing time
54 Commonplace

- 58 Word that may precede others?
59 Ad agency award
60 ____-on favorite
61 Bad things to tell
62 Editorial strike-out

Friday's Solution



Today in History

1865 William Booth founds the Salvation Army in London.

1947 Larry Doby makes his debut with the Cleveland Indians, becoming the first black player in the American League.

1975 Arthur Ashe becomes the first black man to win a Wimbledon singles title as he defeats Jimmy Connors.

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people **lookout**

LIFE LESSONS

'Turns Out, All I Need Is Money to Enjoy Stuff'

Daniel Radcliffe says he's given up alcohol after realizing he was partying too hard. The 21-year-old says he began to drink too much while filming "Harry Potter and the Half Blood Prince" in 2009. "I became so reliant on [alcohol] to enjoy stuff. There were a few years there when I was just so enamored with the idea of living some sort of famous person's lifestyle that really isn't suited to me." (AP)

GREED

'And in Terms of Return on Investment, This Is a Win'

Nick Lachey, whose marriage to fiancée Vanessa Minnillo will be recorded and broadcast by TLC, says the couple made an informed decision to televise

their vows. "Having done reality TV in the past, I didn't necessarily want to jump right back into it without having thought it through to great length," Lachey told Usmagazine.com on Saturday. "This is a different process: There's a beginning, an end and then it's over, it's done." (EXPRESS)



"I'll never live up to Monaco's memory of your mother!" Charlene sobbed as Albert nodded off.

SCHEDULE

Next Stop: BABIES!

Monaco's Prince Albert II and Charlene Wittstock promised each other love and fidelity in an extravagant wedding Saturday. Wittstock officially became royalty on Friday in a small civil ceremony. The marriage ended a three-decade wait for a new princess in Monaco. The last wedding of a ruling prince was in 1956, when Albert's parents, Grace Kelly and Prince Rainier III, married. (AP)



Victims

'I Only Hate SOME of Them'

Nadya "Octomom" Suleman says she did not talk to In Touch magazine, which quoted her as saying "I hate babies, they disgust me." "It's ridiculous that I have to continue to defend myself against these disgusting fabricated lies," she told TMZ.com. (EXPRESS)



SCHEDULE

'STOP PRESSURING ME!!' Kate Screamed at Canada

A polite remark made by the former Kate Middleton in Canada Sunday led to breathless media reports of the Duchess being ready for babies. A dad wished the Duchess of Cambridge good luck in starting her own family, to which she replied, "Yes, I hope to." (EXPRESS)

**"While Kate and William bounce off to Wales, where he can be a helicopter rescue pilot and she can be a housewife, Pippa ... has gone global."**

— JOURNALIST ANNABEL RIVKIN REFLECTS ON PIPPA MIDDLETON IN THE AUGUST COVER STORY OF TATLER MAGAZINE.

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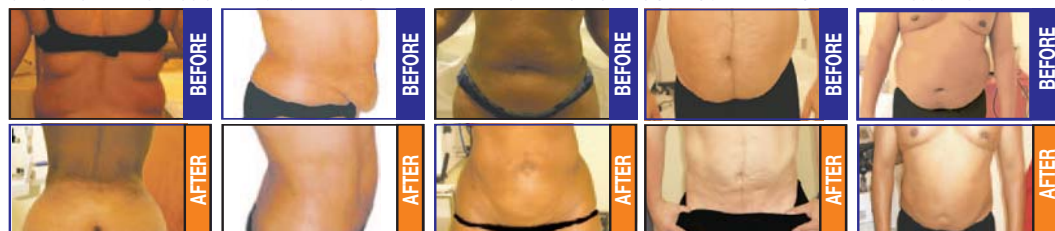
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